The security situation throughout Ukraine continues to be unpredictable, with active fighting inside many cities and other locations, and conditions may deteriorate as military attacks by Russia continue in various parts of the country without any warning.

The U.S. Embassy urges U.S citizens in Ukraine to depart now using privately available transportation options if it is safe to do so. Careful consideration should be made to routes and the risks of travel because Ukraine's roads are in many cases crowded, exposed to combat operations, and infrastructure such as bridges in some locations has been destroyed. Sheltering in place may remain the best option for some.

U.S. citizens wishing to depart Ukraine by land have several options. We understand that most border crossings into Poland and all main crossing points into Moldova are severely backed up and some are experiencing extremely long wait times (well over 30 hours in some cases). We recommend that, if possible, U.S. citizens consider redirecting to border crossings with Hungary, Romania, and Slovakia, which are currently experiencing lower wait times to cross.

Note that conditions at each border can change very quickly and wait times can increase at any time without warning. Be prepared to wait for many hours to cross:

- Have extra batteries and power banks for your mobile phones.
- Bring enough food and water for at least two days.
- Stock up on diapers and baby food, if applicable.
- Bring blankets, sleeping bags, warm clothes.
- Ensure enough pet food if you are with your pet.
- Bring hard copies of important documents (birth certificates, passports [even if expired], any other identification) and don’t rely on cell phones and computer batteries.
- Book accommodations prior to arrival, as many hotels near the borders are already booked.

Local authorities in Romania, Poland, and Moldova have reception centers immediately beyond most border crossings, where you can find food, temporary lodging, clothes, and transportation to the next bigger town.

Note that Poland has waived any COVID-related requirements to show vaccination cards and/or PCR tests.
U.S. citizens seeking emergency assistance and those who decide to remain in Ukraine should complete [this online form](#) and the State Department will respond. The U.S. government will not be able to evacuate U.S. citizens from Ukraine. Please review [what the U.S. government can and cannot do to assist you in a crisis overseas](#). U.S. citizens may seek consular services, including requests for repatriation loans, passport, and visa services, at U.S. embassies and consulates in neighboring countries.

**Additional Actions to Take:**

- Visit the [Embassy’s webpage](#) to view the most recent safety and security alerts for U.S. citizens.
- Regularly monitor local and international news and social media news channels.
- Ensure travel documents are valid and easily accessible.
- Review your personal security plans and always have a contingency plan in place that does not rely on U.S. government assistance.
- Get a COVID vaccine to facilitate your travel.
- Regularly monitor the State Department’s website for current [Travel Advisories](#). Read the [Country Specific Information for Ukraine](#). For additional information, refer to the “Traveler’s Checklist” on the State Department’s website.

**For Assistance:**

- Complete the Department of State’s [online assistance form](#);
- Call +1 606 260 4379 (outside the U.S.) or +1 833 741 2777 (from the U.S.); or
- Email [KyivACS@state.gov](mailto:KyivACS@state.gov)

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