

THE TRAINING RESOURCE PACKAGE FOR FAMILY PLANNING

The Training Resource Package (TRP) for Family Planning supports **up-to-date training on family planning and reproductive health**. The TRP:

- Includes illustrative session plans, facilitator's guides, presentation slides, handouts, evaluation tools, and references
- Is intended **for trainers, supervisors, and program managers**
- Is appropriate for pre-service and in-service training in both the public and private sectors
- May be **adapted and translated** for local use

The TRP materials are available as free downloads at:

www.fptraining.org



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**World Health
Organization**



Adaptable Expertise, Reliable Sources

The TRP modules are regularly updated, drawing on the latest evidence-based technical guidance from:

- *Family Planning: A Global Handbook for Providers*
- *WHO Medical Eligibility Criteria for Contraceptive Use*
- *Selected Practice Recommendations for Contraceptive Use*

The development of the TRP has been led by USAID, the World Health Organization (WHO), and the United Nations Population Fund (UNFPA). The TRP collaborative team includes technical and training experts representing many agencies and organizations, including Centers for Disease Control (CDC), International Planned Parenthood Foundation (IPPF), and USAID implementing partners EngenderHealth, FHI 360, the Institute for Reproductive Health, IntraHealth International, Jhpiego, the Johns Hopkins University, Management Sciences for Health (MSH), and Pathfinder International.

Are You Using the TRP? Tell us how!

We feature real-life implementation stories on the “TRP in Action” blog, www.fptraining.org/blog.

Contact fptraining@k4health.org to share your experiences.

www.fptraining.org

Modules Available Now

- Benefits of Family Planning
- Combined Oral Contraceptives
- Condoms – Female
- Condoms – Male
- Contraceptive Implants
- Emergency Contraceptive Pills (General and Pharmacist versions)
- Family Planning Counseling
- Intrauterine Devices (IUDs)
- Lactational Amenorrhea Method
- Progestin-Only Injectable Contraception
- Standard Days Method
- WHO Family Planning Guidance and Job Aids

Many materials are available in both English and French.

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