



HEALTHY MOTHER, HEALTHY BABY ACTIVITY FACT SHEET

OVERVIEW

The USAID Healthy Mother, Healthy Baby (HMHB) Activity supports Tajik health workers, communities, and families to improve the health and nutrition of pregnant and breastfeeding women and their children during the first golden 1,000 days. It supports the Government of Tajikistan to reduce maternal and child mortality and malnutrition in the 12 western districts of the Khatlon Region through implementation of national strategies intended to improve health and nutrition for women and children by providing technical and organizational support to strengthen all levels of the health system including individual ownership of their health. The implementation areas are: Balkhi, Dusti, Jayhun, A. Jomi, Khuroson, Kushoniyon, Levakant, N. Khusrav, Qubodiyon, Shahritus, Vakhsh, Yovon districts.

GOAL

To deliver long-term, country-led results, HMHB supports the Ministry of Health and Social Protection

of Population (MoHSPP) to adapt existing systems that support maternal, newborn and child health (MNCH) and nutrition interventions and strengthen local technical and organizational capacities at all levels. HMHB works to close the knowledge-to-action gap and accelerate impactful shifts in social norms by expanding and innovating evidence-based global best practices that catalyze change at the community and facility level in the Khatlon Region.

OBJECTIVE ONE

Scale up and institutionalize quality health and nutrition services for moms, newborns, and children.

OBJECTIVE TWO

Support the Scaling Up Nutrition movement and national strategies.

OBJECTIVE THREE

Improve nutrition and maternal and child health through social and behavior change.

KEY RESULTS

- Completed six studies to better identify capacity and policy constraints of MoHSPP so to devise realistic localized approaches to improve access in health, nutrition, and water, sanitation, and hygiene (WASH).
- Completed Well-being Survey to identify factors impacting retention of the workforce, and how it affects the quality of staff and patient quality of care.
- Strengthened network of care linking primary health care facilities and hospitals.
- Adhered to a community partnership approach by working with and through the Healthy Lifestyle Center and primary health care systems to create Community Health Teams.
- Engaged community to improve health responsibility and ownership.
- Transformed MNCH and nutrition practices through robust social and behavior change communications (SBCC) to create new norms; builds social support; and enable joint decision making and planning among men and women so families are empowered to adopt health and nutrition practices.
- Collaborated with the Committee on Religious Affairs and Regulation of Traditions and Rituals of the Republic of Tajikistan to train religious leaders on male engagement of MNCH, nutrition, WASH, and gender-based issues.
- Integrated climate change adaptation using SBCC and facility-based activities.
- Supported MoHSPP to review, develop and implement national strategies and plans.
- Leveraged technology-based solutions to assist MoHSPP to identify and solve health system challenges including developed health worker and MNCH Registries.
- Provided country-wide access to all standards through digitalized clinical protocols and guidelines housed on MoHSPP Knowledge Hub.

- Supported MoHSPP to adapt existing systems supportive of MNCH and nutrition interventions and strengthen local technical and organizational capacities.
- Implemented laws and national nutrition programs, including food fortification.

BUDGET: \$17,329,339

PROJECT DURATION: Oct 2020 – Sept 2025

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USAID Healthy Mother, Healthy Baby is implemented by Abt Associates.