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The Lishe Endelevu activity will improve the nutrition status of women, children and adolescents across four regions of Tanzania.

TANZANIA

LISHE ENDELEVU - SUSTAINABLE NUTRITION

Despite progress and government support, undernutrition remains a significant problem in Tanzania. The Government of Tanzania has demonstrated its commitment to nutrition through the National Multi-sectoral Nutrition Action Plan (NMNAP) complemented by sectoral and cross-cutting policies, frameworks, and structures. The plan confirms the Government of Tanzania's commitment to reduce stunting in children under age 5 from 34 to 28 percent by 2021. USAID will contribute to this national goal by:

- Reducing stunting in children under age 5 in four target regions.
- Increasing the proportion of women of reproductive age consuming a diet with a minimum acceptable diversity of foods.
- Increasing the proportion of children aged 6-23 months receiving a diet with a minimum acceptable frequency of feeding and diversity of foods.

EXPECTED RESULTS

Lishe Endelevu (Swahili for "sustainable nutrition") will reach over 1.6 million women of reproductive age, 1.1 million children under age 5, and 364,000 adolescent girls 15-19 years of age in Dodoma, Iringa, Morogoro and Rukwa regions.

Planned outcomes for the activity include:

- Strengthened multi-sectoral coordination for improved nutrition at local government level.
- Improved health, nutrition, caregiving and water, sanitation, and hygiene (WASH) behaviors.
- Increased access and availability of diverse, safe, and nutritious foods.

BUDGET \$24.7 million

DURATION

October 2018 – September 2023

ACTIVITY LOCATIONS

USAID Lische Endelevu will improve the nutrition status of women, children, and adolescents across four regions:

- Dodoma (6 Councils)
- Morogoro (all 9 Councils)
- Iringa (3 Councils)
- Rukwa (all 4 Councils)

IMPLEMENTING PARTNERS

- Save the Children International (Lead)
- Deloitte
- The Partnership for Nutrition in Tanzania (PANITA)
- Africa Academy for Public Health (AAPH)
- Manoff group

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FOR MORE INFORMATION

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OBJECTIVES

Lische Endelevu will support the Government of Tanzania to increase and improve:

- Capacity of local government authorities (LGAs) to implement NMNAP at the local level.
- Civil society & private sector communication with LGAs for effective coordination of community-based nutrition programs.
- Access to and delivery of quality nutrition services at facility and community levels.
- Household production and consumption of nutrient-rich foods.
- Equitable control over household resources and income generation for dietary diversity.

ACTIVITIES

- Train LGAs and health staff to implement activities aligned with NMNAP, as well as budget and plan for the delivery of nutrition services and improve allocation and use of resources.
- Work with LGA and committees at all levels to encourage women's representation and leadership in shaping a responsive local agenda for nutrition in their communities.
- Support LGAs to identify and engage nutrition stakeholders in civil society and the private sector.
- Through on-site clinical mentoring, build the capacity of health workers to provide improved nutrition services and counseling.
- Train Community Health Workers/Volunteers (CHW/V) on social behavior change strategies and community-based platforms to promote optimal nutrition and WASH behaviors.
- Work with CHW/Vs and model farmers to establish village demonstration plots for improved crop production, small livestock and aquaculture, and consumption of nutrient-rich foods.

RESULTS

- Lische Endelevu has worked with the government to strengthen their nutrition response. The activity helped local government authorities use planning and budgeting tools to align with the National Multi-sectoral Nutrition Action Plan target. The initiative has led to an improved understanding of government stakeholders' roles and responsibilities on their sector-specific nutrition contributions and ownership.
- The activity engaged with the private sector in the nutrition area by facilitating dialogues among key companies and local government authorities. These dialogues led to the companies pledging over \$50,000 for nutrition. To date, over \$24,000 has been disbursed.
- To date, Lische Endelevu has helped health facilities improve the satisfaction rate of beneficiaries on nutrition counseling services offered. Information collected at the exit points at reproductive and child health centers show 78% of beneficiaries interviewed are pleased with the services received compared to 41% before the activity.
- Lische Endelevu has also reached almost 896,000 under-five children with nutrition interventions at health facilities and communities. The activity provided training to over 31,000 farmers on good agriculture practices to increase production and consumption of nutritious food among the beneficiaries.