







## STRENGTHENING EVIDENCE-BASED REHABILITATION FOR VICTIMS OF TORTURE IN SOUTHERN AFRICA PROGRAM

## **BACKGROUND**

The Strengthening Evidence Based Rehabilitation for Victims of Torture in Southern Africa Project is an eight-year, \$5 million program with the Center for the Study of Violence and Reconciliation (CSVR) as the main implementer. The program seeks to strengthen the provision of effective, quality and context responsive treatment and rehabilitation services to individuals, families, groups, and communities that suffer from a variety of psychosocial effects of torture in Africa with a specific focus on Southern Africa.

The program's goal is to reach beneficiaries and clients through psychosocial healing interventions (therapy and brief-term counselling) and through psychosocial support services (emotional support, psychoeducation and outreach). The program achieves this by increasing access to effective clinic and community-based rehabilitation services within the Johannesburg Inner-city; Pretoria and Marikana communities to victims of torture; through strengthening communities' ability to provide support and care to victims of torture. This is facilitated through the adaptation of existing effective models of psychosocial rehabilitation such as that used with groups and families, as well as, implementing and adjusting the family interventions framework, testing, and implementing the community healing model and building the capacity of the target context to conduct evaluations of their rehabilitation strategies and improving their LM&E processes.

## **GOAL AND OBJECTIVES**

The project aims to achieve the following objectives:

- 1. Improve access to effective, quality and contextually responsive psychosocial healing interventions to individuals, groups, children and families affected by torture (counselling and therapy).
- 2. Strengthen the capacity of communities to provide psychosocial support to victims of torture.
- 3. Build the capacity of the clinical and community staff to provide evidence based, quality services to victims of torture.
- 4. Monitor and evaluate the psychosocial clinical and community interventions with victims of torture.
- 5. Evaluate and adjust contextually informed psychosocial rehabilitation strategies and guidelines for practices for addressing the psychosocial effects of trauma.
- 6. Support practitioners to reflect on and document their insights, as well as publish contextually informed experiences.
- 7. Shape international forums and dialogue platforms to promote lesson sharing regarding the treatment and rehabilitation of torture survivors.
- 8. Continue to strengthen the partnership with CVT in order to enhance our work and practice.
- 9. Strengthen our operational systems so as to ensure project delivery and USAID administrative compliance
- 10. Promote the principle of gender equality and needs of people with disability through mainstreaming gender across all organisational intervention areas and operations

## **CONTACT DETAILS**

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