

USING THE LESSON PLANS

The following notes are provided to help use the lesson plans. Lesson plans are not meant to be read to the participants. There are a few segments that are enclosed in quotes that can be read or paraphrased. An example is on lesson plan page LP 1-3.

Important notes and outline headings are bold faced.

Abbreviations:

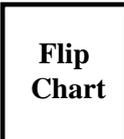
WB Participant Workbook
TR Transparency
FC Flipchart
RM Reference material
HO Handout

Symbols:

Participant Workbook 

Reference Material
with page number 

Transparency 

Flip Chart 

Participant exercise 

Time

The heading on the first page of a lesson plan indicates the approximate time required to present the lesson plan. Some activities and exercises have a time estimate indicated. Instructors should practise with the lesson plans to determine how they will be used and the timing of the presentation.